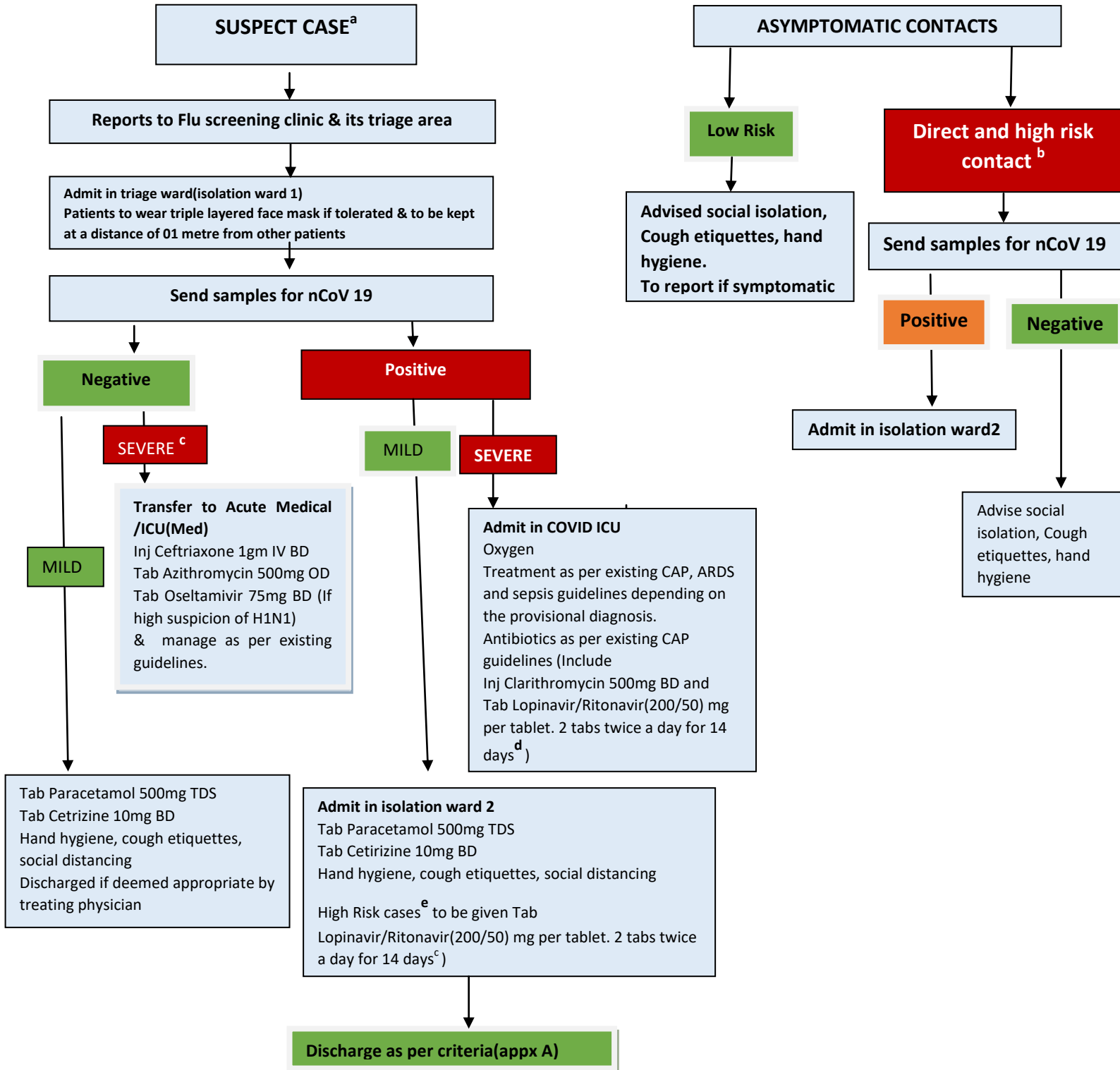




AFMS COVID -19 Management Protocol for Serving Personnel





a

1. All symptomatic persons within 14 days of international travel.
 2. All symptomatic contacts of confirmed cases
 3. All symptomatic health care workers.
 4. All patients with SARI who will require hospitalisation
 5. Asymptomatic direct/high risk contacts of confirmed cases will be tested once between day 5 & day 14 of coming in his/her contact.
- Symptomatic = Fever (Temp > 38 C) Plus cough or breathing difficulty

b

1. Those who live in same household with confirmed case.
2. Health care workers who examined a confirmed case without adequate protection as per WHO guidelines

c

- | | |
|---------------------------------------|-----------------------------------|
| 1. Respiratory Rate >24/min | 3. Confusion/ Drowsiness |
| 2. SpO ₂ <94 % at room air | 4. SBP < 90 mm Hg, DBP < 60 mm Hg |

d

If intolerance to Lopinavir/Ritonavir, consider Tab HCQS 400mg BD day 1 f/b 200mg BD for 4 days after clearance from institutional ethical committee on trial basis since this does not have DCGI/ICMR approval

e

Age > 60years, Renal failure, Chronic Lung Disease, Diabetes Mellitus, Immune-compromised persons

Note: The protocol will be reviewed as and when more information/advisory/guidelines from Govt. sources are available

Reference:

1. MOHFW Guideline dated 17 Mar 2020
2. WHO Guidelines
3. AIIMS Treatment protocol



Armed Forces Medical Services COVID-19 Discharge Protocol

